



Essential Guide to Wester Ross





Leisure Pursuits

The great outdoors is at your doorstep. Now's your chance to connect with nature. So, take some time to explore. Take a deep breath in and enjoy the scents of the woodlands, the sounds of the loch and the sights of the sprawling wilderness.

There are so many outdoor activities to enjoy. In the nearby waters you'll find an abundance of brown trout and pike - so why not try your hand at fishing? With local guides - or ghillies - available to show you around, and with boats and life jackets prepared for your arrival, this is a great opportunity for both experienced and novice fishing enthusiasts to explore Loch Maree and Loch A'Chroisq, or the Kinlochewe, Bruachaig and Ghairbe rivers.

Leisure Pursuits

For spectacular views of Wester Ross, head up to the Siloch, Torridon and Bein Eigh hills. Nearby there are delights for wild swimmers, keen cyclists and debut explorers alike.

There are four glittering beaches within easy driving distance. Pack a warm jacket, a flask of tea and your binoculars and take your time slowly exploring the shoreline. Gairloch beach is the closest, while Red Point, Mellon Udrigle and Firemore Beach are all under an hour's drive away.

Take your time, explore slowly and embrace the moment.



Amenities

Kinlochewe Lodge is tucked quietly away in rural Achnasheen. But there are still plenty of amenities nearby - they're best reachable by car. Butchers and fishmongers are under 30 minutes away in picturesque Gairloch, while a large supermarket is accessible in under an hour.

There are several eateries to enjoy locally, including the Torrison's 1887 Restaurant and the Ledgowan Lodge Hotel. For lighter bites, head to the diminutive Midge Bite Café. There are also a handful of delicious spots to discover in Gairloch making it well worth a visit.





Local Attractions

There are endless adventures to enjoy during your time here. Time away from home is the perfect opportunity to try something different. You could try horse riding at Gairloch Trekking Centre or head over to Gairloch Kayaking Centre for a high-octane experience. If you've always seen yourself in a yellow jersey, then West Coast Biking has all that you'll need to enjoy a Highland cycling holiday.

Or for a more leisurely experience, there are two impressive golf courses nearby.

So, what will it be? What will you try during your time here? We can't wait to find out.



Further Amenities

Achnasheen is serviced by a local doctor - who we hope you won't need to meet during your stay! In case you do, however, you should know that it's common in rural areas such as ours for doctors to travel between surgeries, so it's important to call ahead to see where they are located.

Torridon Medical Practice

[View on map](#)

Tel: 01445 791 223

25 minutes by car

Lochcarron Medical Practice

[View on map](#)

Tel: 01520 722 215

45 minutes by car

And now for some boring bits - who wants to think of tedious things like petrol and cashpoints while they're on holiday? Still, needs must.

Petrol

Kinlochewe Service Station

[View on map](#)

Bank and Cashpoint

Bank of Scotland, Gairloch

[View on map](#)



Restoring the Wilderness

Peatlands are magical places filled with incredible nature. When healthy, they absorb and store vast amounts of carbon dioxide from the earth's atmosphere. But when degraded, they seep emissions back into the environment, causing further harm.

The peatland restoration movement is growing across Scotland, and we are proud supporters. Working with Caledonian Climate Partners, we are committed to the long-term restoration of degraded peatland in Lochrosque and Kinlochewe.

Rewilding the environment also involves planting trees and native flora in places where it used to thrive. For that reason, we are also supporting the re-establishment of the Caledonian pine forest to improve biodiversity.





Activities

There are plenty of outdoor activities to enjoy near Kinlochewe Lodge. Whether fishing, wildlife spotting, stargazing or wild swimming, you're sure to have an incredible experience during your stay.

Horse Riding

Gairloch Trekking Centre

[View on map](#)

42 minutes by car

T: 01445 741 743

E: ponytrekking@hotmail.com

W: www.gairlochtrekkingcentre.co.uk

Bike Hire & Repairs

West Coast Biking

[View on map](#)

1 minute by car

T: 01855 811 032 / 07742 247 617

E: info@westcoastbiking.co.uk

Kayaking

Gairloch Kayak Centre

[View on map](#)

23 minutes by car

T: 01445 771 006 / 07787 526 299

E: www.highlandexperiences.com/contact

W: www.highlandexperiences.com/kayakgairloch



Activities

Golf

Gairloch Golf Club

[View on map](#)

35 minutes by car

T: 01445 712 407

E: gairlochgolfclub@hotmail.co.uk

W: www.gairlochgolfclub.co.uk

Locharron Golf Club

[View on map](#)

40 minutes by car

T: 01520 722 744

E: info@lochcarrongolfclub.co.uk

W: www.lochcarrongolfclub.co.uk

Beaches

Gairloch Beach

[View on map](#)

30 minutes by car

Red Point Beach

[View on map](#)

50 minutes by car

Mellon Udrigle Beach

[View on map](#)

1 hour by car

Firemore Beach

[View on map](#)

50 minutes by car

Hill walking

Torridon Hills

[View on map](#)

25 minutes by car

Bein Eighe

[View on map](#)

12 minutes by car

Slioch

[View on map](#)

7 minutes by car

For more walking route ideas, see the [Visit Wester Ross website](#).



Activities

Places to eat

Shieldaig Bar & Coastal Kitchen

[View on map](#)

38 minutes by car

www.shieldaigbarcoastalkitchen.co.uk

The Torridon 1887 Restaurant

[View on map](#)

27 minutes by car

www.thetorridon.com

Kinlochewe Hotel

[View on map](#)

2 minutes by car

www.kinlochewehotel.co.uk

Applecross Inn

[View on map](#)

1 hour 25 minutes by car

www.applecrossinn.co.uk

Badachro Inn

[View on map](#)

35 minutes by car

www.badachroinn.com

Ledgowan Lodge Hotel

[View on map](#)

15 minutes by car

[View on Tripadvisor](#)

The Midgebite Cafe

[View on map](#)

15 minutes by car

[View on Facebook](#)

There are also several choices in Gairloch.

[View on Tripadvisor](#)

Amenities



Supermarket

Tesco Dingwall

[View on map](#)

50 minutes by car

Please book 3 weeks in advance for online groceries.

Groceries & cafe

Kinlochewe Service Station

[View on map](#)

2 minutes by car

Butcher

Kenneth Morrison

[View on map](#)

30 minutes by car

Fishmonger

Fish Shop Gairloch

[View on map](#)

30 minutes by car

Smokehouse

Applecross Smokehouse

[View on map](#)

55 minutes by car

Petrol

Kinlochewe Service Station

[View on map](#)

2 minutes by car

Bank & cashpoint

Bank of Scotland, Gairloch

[View on map](#)

30 minutes by car